

FASTING – Part Three: FASTING GOD’S WAY

Last week in our Scripture reading something came up about the Tamarisk tree where the Interlinear Bible brought that out. That it was a specific type of tree but KJV just called it a tree. So I did a little check on that and here is what that was all about:

TAMARISK TREE:

1 Samuel 22:6 - When Saul heard that David was discovered, and the men that *were* with him, (now Saul abode in Gibeah under a tree in Ramah (Int’l Bible: under the tamarisk tree in Ramah), having his spear in his hand, and all his servants *were* standing about him;)

1 Samuel 31:13 – And they took their bones, and buried *them* under a tree at Jabesh (Int’l Bible: under the Tamarisk tree in Jabesh), and fasted seven days.

Judges 4:5 - And she dwelt under the palm tree of Deborah between Ramah and Bethel in mount Ephraim (Int’l B. in the hills of Ephraim): and the children of Israel came up to her for judgment (Int’l B. and the sons of Israel went to her for judgment).

These trees were land markers, people knew where they were back then. The Bible has been messed with, some looks like poor translation which seems to be done on purpose as well as the Mandela Effect which is attacking especially the KJV.

Isaiah 58 – Cry aloud, spare not, lift up thy voice like a trumpet, and shew My people their transgression (trespass), and the house of Jacob their sins. Yet they seek me daily, and delight to know my ways (And desire knowledge of My ways), as a nation that did righteousness, and forsook not the ordinance of their God: they ask of Me the ordinances of justice (They ask of Me judgments of righteousness); they take delight in approaching to God (they desire to draw near to God). Wherefore (Why) have we fasted, *say they*, and Thou seest not? *wherefore* (why) have we afflicted our soul and Thou takest no knowledge (did not know)? Behold, in (on) the day of your fast ye find pleasure, and exact all your labours (and all your toilers you drive hard). Behold, ye fast for strife and

debate, and to smite with the fist of wickedness: ye shall not fast as *ye do this* day, to make your voice to be heard on high. Is it such a fast that I have chosen? a day for a man to afflict his soul? *is it* (not there) to bow down his head as a bulrush, and to spread sackcloth and ashes *under him*(not there)? wilt thou call this a fast, and an acceptable day to the LORD (a day of delight to the LORD)? *Is* not this the fast that I have chosen? (Int'l B. Is not this the fast I have chosen: ((there is no question mark))) to loose (open) the bands of wickedness, to undo the heavy burdens (Int'l B. to undo thongs of the yoke), and to let the oppressed go free, and that ye break every yoke (and that you pull off every yoke)? *Is it* not to deal thy bread to the hungry (break your bread to the hungry), and that thou bring the poor that are cast out (poor wandering)to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh (relatives/famiy)? Then shall thy light break forth as the morning, and thine health (healing) shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy reward (shall gather you). Then shalt thou call, and the LORD shall answer; thou shalt cry, and He shall say, Here I *am*. If thou take away from the midst of thee the yoke, the putting forth of the finger (the pointing of the finger), and speaking vanity; And *if* thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity (then shall your light rise in darkness), and thy darkness (gloom) *be* as the noonday: And the LORD shall guide thee continually (always), and satisfy thy soul in drought (in dry places), and make fat thy bones (and brace up your bones / make them healthy): and thou shalt be like a watered garden, and like a spring of water, whose waters fail not. And *they that shall be* of thee (Those from you) shall build the old waste places (ancient ruins / rebuilding the old wast places): thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell in. If thou turn away thy foot from the sabbath, *from* doing thy pleasure (to do your pleasure) on My holy day; and call the sabbath a delight, the holy of the LORD (to the holiness of the LORD), honourable; and shalt honour Him, not doing thine own ways, nor finding thine own pleasure (doing your own pleasure), nor speaking *thine own* words: Then shalt thou delight thyself in the LORD; and I will cause thee (make you) to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father (and make you eat with the inheritance of Jacob – that is from the land that God gave to Jacob their father): for the mouth of the LORD hath spoken *it*.

Lift up your voice like a/the trumpet was referring to when they would blow the trumpets to call the people together for assemblies or for war. They had different signals and knew what they meant. Here God is saying sound the alarm, get the people's attention.

Notice they expected something to come of their fasting. They were asking God why He had not noticed them afflicting their souls. When we obey God, we show Him our love. When we are His obedient servants we too are to expect Him to move in our lives. God has always said He desires obedience more than sacrifice. They were willing to sacrifice food by abstaining from it but God had not called them to do that. He would rather they love their neighbors and treat people with kindness and help each other instead of their religious rituals. They desired to draw near to God but felt no change. Again, their heart and motives were not right before Him. They thought they could make God hear or see them.

They continued working hard on their fasts.



God tells them to undo thongs of the yoke. Here is Jeremiah wearing a yoke. The leather straps or leather thongs were placed around the animals neck to secure the yoke onto him. Jeremiah had to tell kings that if they rebelled against Nebuchadnezzar, who was doing God's bidding, they would have a yoke from God placed on their necks. They would go into captivity. You can read about that in Jeremiah chapter 27.

If the U.S. was truly a Christian nation from the start then why did we ever have slaves? That is not God's way. The Israelite slaves were slaves to other Israelites to benefit the one who needed help with his debts etc. Every 7 years they were allowed to go free and their land was given back to them. The slavery of the Bible was a helpful type of slavery not what we hear about today with beatings and cruelty.

Did you notice that this fast that God approves of does not require abstaining from food or water or anything to do with nutrition? Yet, this type of fast pleases God. I am fought so hard in my health and in fasting. But this is a fast I can excel at!! Anyone out there struggling in their health or having a hard time fasting, this is for sure a fast you can do and know that it pleases God.

Let's take a look at what He said He required again:

God asks, Is not this the fast that I have chosen? It really is not a question but rather a statement. Then He talks about stopping their wickedness, stop oppressing others, stop fighting and all the evil. He begins to tell them what to do in their lives and how to treat others and in so doing to ultimately please God and draw nearer to Him. He says to share their bread, to break off some of their bread and share it with the poor and needy. Praise God for all of you who stand with this ministry in monetary support and in prayer because we are helping the poor and needy. We are helping orphans and poor children and the fatherless and widows. We have partnered with Pastor Erustus and his ministry in Africa and with Pastor Dalbeer and his ministry in India. They many times did not have enough to eat and now that God is blessing them more with all of our help they are able to share and to spread the gospel and help those that need food in the lands where they are. Sometimes I wonder how many people God spoke to and asked them to partner with Pastor Erustus or Pastor Dalbeer and they said no. Or they said, well someone else will do it or they told God, you can make a way. When all along God was saying, you were the one I was going to use to bring this about for My glory. I wonder whose crown I took. The Bible says not to let any man take your crown Rev. 3:11. I believe that is the crown of salvation but I know there are rewards for our service to the LORD and if you don't answer and obey, He will raise up someone else to do it.

Bringing the poor that are cast out, those that are wandering with no place to go, no home. This is the truly homeless and destitute person. Not what we have here where I am, bums who like to be bums. You could call them beggars who like to beg. They are happy and you see them all around town smoking and drinking and riding their bikes. They could work but don't want to. That is not who the Bible is speaking about here. We should be ready to help those that truly need help and cannot help their circumstances or a tragedy or whatever the case is.

He says not to hide yourself from your own flesh. This might sound funny because the language is different than how we speak today. But this is talking about your family, your relatives or as the Bible would say your next of kin, kinfolk. Some people don't want to help their family. They are selfish and want to keep their riches and resources all for themselves. We as Christians are not to be this way. The Bible talks about not pushing a widow off on the church when she has family that can help to take care of her.

1 Timothy 5:8, 16 - But if any provide not for his own, and specially for those of his own house, he hath denied the faith, and is worse than an infidel.

This means the person not taking care of those family members that are widows and have no one to help them, that person is worse than an unbeliever. Jesus got onto the Pharisees for not honoring their parents. You know the Bible tells us to honor our father and mother. Instead of helping their parents, the Pharisees would give what I believe the Bible calls corbin (Mark 7:11). Saying to their parents, it is a gift. Meaning they cannot help their parents with money because they gave it to God at the temple. Jesus told them that they paid tithes but ignored God's commands (Matt. 23:23).

A lot of people think they are honoring their parents on Mother's Day and Father's Day. No, those days are totally pagan. Those are sins of ignorance. Once you know to do better and you don't do right, it is a sin to continue in pagan days even if that isn't what it means to you. The root of it or beginning was pagan and unholy and against God. Mother's Day was created in worship to Ashtaroth, the Queen of Heaven who is the Mother of ALL harlots in Revelation chapter 17. Father's day is the same thing, it is in honor of the sun god, who was Nimrod and we know satan was empower him. It is worship to apollyon or abaddon in the

book of Revelation. This reminds me of those who say they are honoring Jesus on “Easter” who is also Ashtaroth, a person or false goddess and not an event. Easter has nothing to do with Christ’s resurrection. Jesus told us to take communion in remembrance of Him. Nothing else. We are to honor our parents every day and we should love and obey and praise and reverence Christ every day of our lives, not just one day a year. Some of you may have parents that aren’t Christian. We are still to honor them as best we can without going against God. If they are asking you to do something that is ungodly, then you have to say no and stay faithful first and foremost to God. We are to obey them and help them as much as possible. I will share something personal on this note. When I was in my sin I did not get along with my mother so well. Nor my father because to be honest he was usually mean. So as they got older and needed help getting things at the store or going to doctor visits I was not there to help them. My brother stepped up and went shopping for them and took them to their doctor appointments and looked out for them. I regret so much not helping them more. I repented over and over and cried to the LORD about this. I don’t want any of you out there to make that same mistake.

V. 16 - If any man or woman that believeth have widows, let them relieve them, and let not the church be charged; that it may relieve them that are widows indeed.



The people were doing what they wanted to do and not God’s will. In the picture above we see Aleister Crowley who called himself the beast and used the number 666 and called himself little sunshine because he worshipped the sun god Jupiter, Zeus who are satan. He taught that “Do what thou wilt shall be the whole of the law”. Today we see Jay-Z sporting that same phrase and how many follow him

and Beyonce. This is a picture of society around the world today. Pleasing themselves and we are up to our eyeballs in wickedness and greed and selfishness.

The heading in my Bible above Isaiah 58 is: Why Prayers Unanswered

Notice they said, why have we afflicted our souls and You take no knowledge? Afflict your souls/humble yourselves/sanctify yourselves – many times is meaning through fasting to the LORD.

Commentary from the NLT: v.1-5: The people feel that their careful attention to religious fasting has brought them no special favors from God. The Lord replies that their fasts are only outward forms, not an expression of their hearts. v. 5: The fast and other spiritual disciplines are not ends in themselves, but are intended to result in greater godliness in all our relationships. If they do not have that result, God has no interests in them. v. 9-12: A heart that is pure toward God cannot be indifferent toward other human beings.



PASTOR DALBEER ON FASTING:

Warmest greeting to you in the name of Christ. So sister here are the thought what is fasting and why did we do it. So this is the reason why we do fasting and I thank God for giving me the strength and for my family also they have been

supporting me and your prayers for us all time. Fasting The main aim of is for keeping fasting is to provide food for the poor families in the villages for giving them food by saving little bit and my family also does it once in week to save some money to provide food for the villagers and I am thankful to God that he has given this kind of heart and burden so God set an example for us in Isaiah 58:1-7 to us.

One day some family had one family member have very bad situation and no one knew about their family situation and so her house was very near from the fellowship place that day one lady in our fellowship group and she is having year boy and that boy was crying and hungry and that lady wanted to feed her baby boy but milk is not hot so she want boil the milk so she request to that lady who came did not had any thing in their home and she gave the key to the another women to go and boil the milk for her son but she not went with because was listing and praying in the fellowship that why is did not go with her, So when the lady reach the kitchen and burn the burner and started waiting to boil the milk at that time she looked upon the kitchen so their food container they were totally empty and there was nothing in the kitchen and that time remember and she thought about her kitchen there was full of food sometimes they wasted the food and looking into this family nothing to eat and by seeing that situation it was looking that there was nothing cooked since 2 or 3 days by seeing the situation and then that lady told the lady of that house she asked her “what is the problem in the house?” but that lady did not share anything and started crying in front of her so she understood the situation of the house she shared to me about the situation so we told the member of group to stop after that meeting and after that we stop some and send that lady home and some of the group member also, but some active group member and they were sitting with us after this also and we collected some money and bought some food items for her and we gave, But it is not only one of the family but may other family also who did not share with us so we decided that we won’t be giving burden to the people they will not cut off their daily expenses and we did not want to have nay cut off in their families because everyone belongs to the same situation . So we remember the word of God which my family was already doing this kind of plan about the help the other

people through fasting a day expense and saving little bit to provide food for them and by also saving from little for the village from the children pocket money for the villagers so when I shared this with the villager and specially with the women's and they started crying and they decided very happily for doing fasting and doing fellowship with the God and helping them so we are doing to help people from fasting. So every month we use that for helping the poor and the needy people and in other work so our fellowship group. Biblical point of view two the most telling passages in which fasting:- In the Bible, fasting occurs when any other kind. Fasting is the way that the saints of God received a breakthrough to direct them. **Mathew 6:16-17 and Isaiah 58:1-7**. Though the Bible does not give a direct command on this issue, examples of fasting appear in both the Old and the New Testaments. One of the most telling passages in which fasting is mentioned is Matthew 6:16, where Jesus is teaching His disciples basic principles of Godly living. When speaking on fasting, He begins with, *****“When you fast,”***** not “If you fast.” With Christ Love Pastor Dalbeer Singh & Family

CLOSING

Our light for Christ is supposed to shine in this dark wicked world. If we would do God's ways we will carry His blessing and light in this world.

Are you helping the poor and needy, the widows and orphans? Or have you made such a mess of your life, living for yourself, doing it all your way, “doing what thou wilt” that you say, “well I can barely help myself” ,or my bills are so much etc. Trust me, I have heard all the excuses from people that have multiple cars, multiple tv's, fancy clothes, nice jewelry, the latest cell phones, go to all the sporting events, movies, shopping etc.

They don't tithe, and many who do tithe certainly are not going to give on top of that as we are supposed to do. They say they are Christian but can't help anyone but themselves. I dare say either they are unlearned baby Christians, or satan is the one blessing them to keep them blinded and away from God.

We run our lives off into the ditch doing it our way. When you come to God He begins to clean up your mess, teach you His way and change your life for His

glory. Make sure you are doing this fast, the one God placed His stamp of approval on.

PRAYER

<http://www.thelemapedia.org/index.php/666>