

NEW AGE Pt.11: MEDITATION, SIMONE



This is Simone back when she was in the New Age and witchcraft. She was in it for 30 years.



Here she is in traditional witch garb. God led her to Three Hearts Church for deliverance and to grow and be discipled in His Word. I praise God for her salvation, deliverance and for sharing her testimony. We can learn from her testimony and God get's all the glory.

I asked Simone what type of meditation she did. She said, "I don't recall specific names. I did a quite a few different things: empty your mind & let thoughts float through; if you catch one and focus on it, let it go, past life regression, guided meditations, white ball of energy starting at navel and focusing on it moving in and around and 'guiding' it places in body. She also did chakra meditations using

imagery and sounds, tingshas (little symbols on a string) it makes a chime sound - go with the sound, creative visualization, kundalini yoga chanting or certain breathing whilst holding certain poses. Mostly focused on either: clear your mind, focus on 1 thing intently without wavering, be guided to explore/discover hidden truths about self, be guided to create dreams by visualizing. She said all of this was for the purpose of healing, relaxing, strengthening the mind, creating, and also for eliminating stress.” That is a lot you guys. Let’s hear some of what she shared in her testimony about these things:

*Please play from 13:49 to 17:52 and from 31:36 to 33:48 Simone came to the church in 2018. Let’s hear some of what she shared about New Age and her meditation / energy practices. STOP

Simone shared that even within all the new age and witchcraft practices, she was always searching for God. Somewhere along the way she allowed the word “God” to come back into her vocabulary. She had gotten to a place where she wasn’t so angry at the church that had kicked them out and she wasn’t so angry at God and Jesus about feeling abandoned by them that she just felt like “God” was a word that works. Even though for her it meant things like “the universe,” “the divine,” “the creator,” “source.”... A lot of those terms led her to what is The New Thought Movement. Her entry into The New Thought Movement was through Science of Mind. She participated, she was on the board, she was called “the platform goddess.” She did the announcements and handled things in the church on rotating Sunday mornings. She did several years of studies to become what they call a practitioner. She did practitioner studies but did not meet all the requirements of completing the study so she was not actually certified as a practitioner. She said, “Let me tell ya, I can pray. And I taught that kind of prayer for many years.” When she was doing Science of Mind New Thought Movement, she went to Europe and did some training in consciousness. This experience gave her the idea that we are the consciousness of God. They did a lot of energy work. It was all about energy. She used to call it navigating the invisible side of the visible world. It worked a lot with sensing potential. She said she would go into a pool of potential and to her it felt like “liquid black velvet”. She called that the

creative cosmic goo. She just made up names for it. She said she could reach in and grab a hand full and create and even to the point she felt like she may have been creating these other universes. It was this creative energy expansiveness that was powerful and very seductive. She said she used to use ecstasy and she and her friends would joke about how high they were and they would say they were kissing light bulbs. She remembered thinking she would love to feel like that every day because it felt so loving. She said the conscious energy experience felt the same way, it felt like doing "X" (ecstasy). The high she was experiencing from the conscious energy experience felt natural to Simone. / Another time Jesus came to her, she was doing work to clear out trauma from her nervous system. She did past life regressions and all sorts of energy work. She did some guided visualization and was going to shut the door to suicide so that it would never plague her again. She had prayed for death many times in her life. Once a friend called and that made the difference where she put the bottle down. This one time in this guided visualization incident she could see herself with her foot on a door and trying to keep it closed with all of her might. At the same time she could see through to the other side of the door and there was a demon standing on the other side of the door trying to open the door with the same amount of strength and energy that Simone was using to keep it closed. The moment she saw it, this light just welled up inside of her and that thing was gone. She said Christ because she thought that was Christ consciousness because that was her belief. She said she now knows that was Jesus coming to her psychic spiritual rescue once more and she still did not pursue Him at that time.*(about 6 min's)

<http://www.threeheartchurch.org/index.php/sermons/sermon/262-testimony-of-a-former-witch-and-new-ager>

I included what she shared about the guided visualization here because that can be a type of meditation or it usually goes hand and hand with it.

Guided visualization is a **meditation or mindfulness technique** where a person uses their senses and imagination to help them connect with something in their mind. This can include a feeling — such as self-confidence or calmness — a place, an action, or a goal.

[https://psychcentral.com > lib > guided-visualization-a-wa...](https://psychcentral.com/lib/guided-visualization-a-wa...) ⋮

Guided Visual Meditation: What to Expect | Psych Central

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In guided meditation, our practice is shaped by another person's voice. Because the mind has a tendency to wander where it will, many of us find it easier to focus and relax when our minds aren't entirely left to their own devices. This form of meditation is often led by a (real live) guide in group settings, or by recordings presented on apps, podcasts, videos, CDs, etc.

Three popular forms of guided meditation are **mindfulness, stress reduction and relaxation.**

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The internet and the market in general are filled with this stuff and so many people, even Christians are involved in some sort of meditation. There are so many different types of meditation out there and they can blend together and

mix in with other things as well. I'm not focusing on trying to cover all of them, the main thing I want you to know is that they are not of God, they don't lead to God and they are not Biblical. When I finish covering New Age Meditation, I'm going to teach what Biblical meditation is.

The ecstasy that Simone was doing was another door that was opened in her life to allow demons / fallen angels to come in and interact with her and influence her away from Jesus. All the hallucinogen type of drugs will open you up to demonic activity in your life. The trauma clearing and shutting the door on suicide work that Simone was led into was never going to work. Nothing is really going to work that is not of Christ Jesus. The fallen angels will work to deceive you for a while but ultimately they will swing it right back around and work to tear you down. Simone used the words powerful and seductive for the experiences she was having when she was doing the energy work. Elvis said about the meditation he was doing, that it was better than any drug he knew. Walle Larsson said, the whole experience of being high naturally, it was very experiential and very pleasant. It got him in hook line and sinker. He thought this was the greatest. People like Simone are not doing this because they are not getting a pay off. They are. Time and time again I hear testimonies of these great feelings and awesome powerful experiences that people are having. satan and the fallen angels are causing them to have amazing experiences, feelings etc. They are using their lying signs and wonders to deceive. **(2 Thess.2:3-9)**

Remember they can give false healings and miracles and powerful experiences and sensations to deceive you and keep you high on those emotions and feelings and on those power trips. Even though Simone was having those exhilarating experiences, she was also wanting to commit suicide. Ultimately all the New Age practices were not bringing her real and true lasting peace and happiness. Look at the end of Elvis' life and you can see what the end game is for staying in The New Age Movement. There may be those wonderful moments but the end is misery and damnation.

I asked Simone about the "liquid black velvet" and she shared this: I experienced it in heightened energy states of awareness that were first accessed by a form of

'fluid' guided meditation in that I wasn't guided specifically, but invited into different levels and states of energetic awareness.

I could sense and see with my mind this like pool of liquid black velvet ... it was shiny and silky soft, yet had substance, not just runny and it was like I was standing perpendicular to it, yet I was like at one with it, so I could sense movement & potentials of energy rising like a pot of water set to boil when a big bubble rolls up, but doesn't break surface yet. And I'd know which one was the potential wanting to be made manifest, so I'd call it forth and partner with it to give it access to physical life. Other times, I'd skim my hand over and call it up. Others, I'd plunge my hand in and pull off a handful of this creative cosmic goo and flip/flick it into creation to manifest in the physical world. She felt like she was creating other universes. That must have been a powerful feeling and yet it was not real. It was demonically produced. Satan is crafty, he studies those that come his way and sees what he can use to seduce them. What will attract and entice them to come his way.

*Please play from 2:52 to 3:58 Simone was invited onto The 700 Club to share her testimony. She told me that even though we know they are freemasons maybe her testimony can still help others. That's true, God can use it for His glory even if those that produce that show are serving Satan. Let's hear what she shared on The 700 Club about the light that New Agers are working to achieve and about their beliefs in reincarnation. STOP

Adding to the delusion, some taught that one could become like Jesus. A teacher who had obtained the ultimate enlightenment, becoming a God through reincarnation and obtaining more light. Simone says, "eventually when I keep coming back, I would have that much light. And then when you became completely light, you became the light that came back and fed the other souls working their way up the 'reincarnation – getting reborn ladder.'" Still no matter how high she climbed or enlightened she became there was an emptiness she couldn't shake. Simone said, There were so many things about the spiritual path that she loved, and that made her feel happy. She says her life was a contradiction in that she also was in the deepest, darkest pit. She says, this is the beautiful deception.*(about 1 min.)

<https://www.youtube.com/watch?v=DxJGRqbQaYI>

Reincarnation is not Biblical, that is coming from Hinduism. We know the Bible says it is appointed unto man once to die and after this, the judgement.

(Hebrews 9:27) As Christians we know we got one shot at it, at eternal blessing and happiness in heaven and that is the life we are living right now. This is our chance to choose our Master, who we will serve and get busy serving Him. Once we die, the decision is set, we don't get any second chances. While we are alive, God is merciful and gives us so many chances to come to Him and get our lives right with Him. But once we die, it's final, we made our choice.

In New Age they teach and believe that Jesus was one of the ascended masters. Those are actually fallen angels. So they teach that you can do enough energy work, obtain enough light to be like Jesus. Let's look at Scripture, because those in the new age movement are being told the same old lie that Satan tempted Eve with.

Genesis 3:1-5 - Now the serpent was more subtil (sneaky / crafty) than any beast of the field which the LORD God had made. And he said unto the woman, Yea, hath God said (Did God really say), Ye shall not eat of every tree of the garden? And the woman said unto the serpent, We may eat of the fruit of the trees of the garden: But of the fruit of the tree which *is* in the midst of the garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die. And the serpent said unto the woman, Ye shall not surely die: For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods (you will be like God), knowing good and evil.

Look at Satan, he immediately came and challenged God's Word. She told him plainly what God said but because his goal was to cause her to disobey, he immediately contradicted God's Word by telling her – you won't die! Then he goes further and says, if you do it, you will be like God and that's why He doesn't want you to do it. That's all it took. He's using the same bait today, come and do this or that and ascend or raise your consciousness up be like God. But did you hear Simone say again how miserable she was. She said, There were so many things about the spiritual path that she loved, and that made her feel happy. BUT She says her life was a contradiction in that she also was in the deepest, darkest pit. She says, this is the beautiful deception.

satan is still challenging God's Word today. Get in God's Word, get it down on the inside of you so that when satan comes around trying to lie to you, you can see through his lies.



This is Simone at the church with us in January of 2018. She was saved shortly before coming to the church. When she came, I administered deliverance and she had actually already left the church when I thought to invite her to share her testimony. She travelled back to the church and we recorded her testimony and then baptized her that night. It was January and it was dark and cold outside, what a trooper she was. Look how she is glowing here! Praise the Lord for His persistence. Jesus came to Simone so many times in her life. That was the Father drawing her to Himself. I'm so happy she finally responded. If you would like to hear her full testimony that she gave at the church or her testimony on The 700 Club, both links are in my sermon notes and in the info. box wherever you are watching this sermon.

CLOSING

Simone said, "It is so easy to be deceived from Christ while feeling like such a good loving heart-centered person." satan wants you to believe that if you are nice and loving that only good things await you and that you will automatically go to heaven or ascend into the light as New Agers are taught. That is a great lie.

Not one person ever lived a sinless life. God created everything (**Gen.1:1, Col.1:16-17**) and He is the One Who defines what sin is and how we should live. The first man and woman sinned against God and so a curse was pronounced against the Earth and against the man and the woman. (**Genesis 3:7-24**) We live in a fallen world and because of their sin, everyone is born into sin. (**Gen.8:21, Romans 3:23, 5:12 &19, Psalm 51:5, Eccl.7:20**) Every person on this Earth needs a Savior. They need to hear the gospel message of what Christ has done for them. He is the Author and Finisher of our faith. He's the only way to God and to eternal life. The Bible tells us that we can't just be good people and expect to get to heaven that way. Because we are deceiving ourselves if we believe our own righteousness is good enough. (**Rom.3:10-12**) The Bible says our own righteousness is as filthy rags. (**Isaiah 64:6**)

We need Jesus, He's the only way to The Father and to an eternal life of peace and happiness.

PRAYER

Simone's Testimony at Three Hearts Church

<http://www.threeheartchurch.org/index.php/sermons/sermon/262-testimony-of-a-former-witch-and-new-ager>

"I have no idea how many demons I was delivered from." White Witch freed from Occult

<https://www.youtube.com/watch?v=DxJGRqbQaYI>

Simone's testimony on The 700 Club

<https://cmsedit.cbn.com/beautiful-deception-occult>