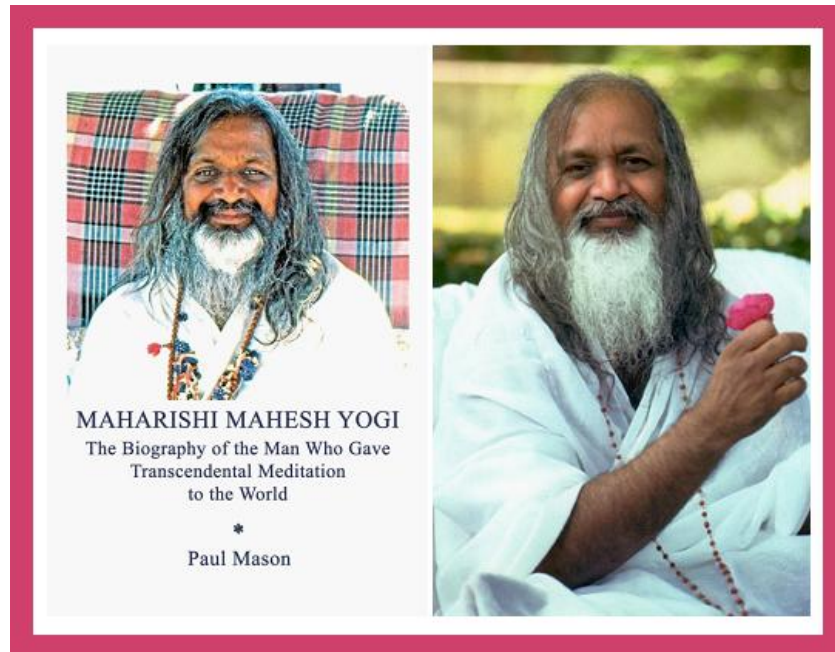


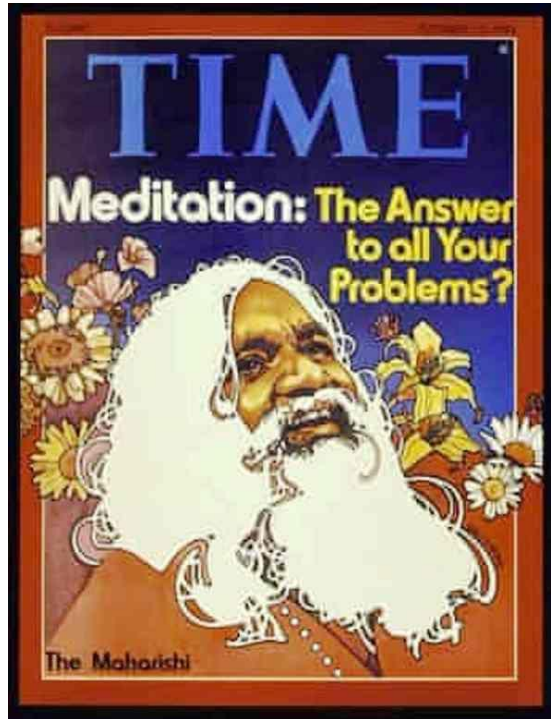
NEW AGE Pt.14: MEDITATION, KUNDALINI, YOGA, CHRISTIAN YOGA



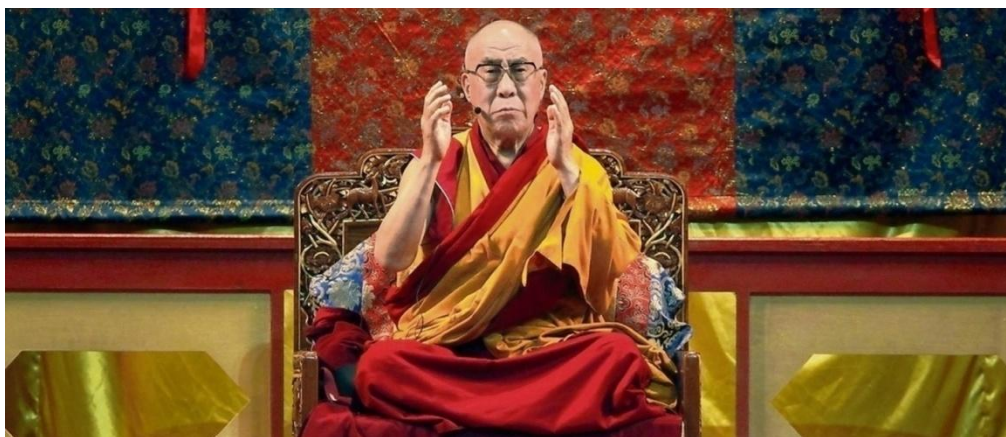
Maharishi is not his name, it is a title. This man, who is dead now, appears so sweet and innocent just teaching peaceful meditation. But the truth is that he was filled with demonic power on a high level and was spreading this demonic teaching and anointing out to the world. Those that satan can use to have a great impact on the world are interacting with higher level fallen angels.



Just look at all of the people who have been deceived. And there are millions of people doing these same practices all around this world.



Time Magazine – Meditation: The answer to all your problems? And they picture the maharishi there. No it is not the answer, it will take you deeper into your problems and bring new demonic manifestations and ultimately more problems into your life.



The world has been conditioned to believe people such as the Dalai Lama are so peaceful and that they just want to bring in world peace. He is called “his holiness”. No one is to be revered like that but God. Satan has placed his servants in key positions of influence and they are demonically empowered to do all that they do. The higher up the position, the higher they are in Satan’s

military, the more powerful demons that possess them. This dude is so heavily demonically possessed it isn't even funny.

One time we watched a movie and there was an emergency type of situation going on and there was a person that had gone so deep into meditation that they couldn't hear the people around them and it was very hard for them to shake that person and get them to snap out of it and bring them back to their senses, to break their meditation. That is not being alert at all.

YOGA

Testimony of a lady who was deep into **yoga** and so sick until she found Jesus Christ.



Purvi of Martus Ministries

She explains all the dangers and that you are “yoking” (joining, attaching) to Hindu gods no matter what part of it you do, even if you just do stretches and say scripture under the pretense of “Christian” yoga. She said many people say, well I just do the stretches and when they say the mantra part, I just say

Jesus, Jesus, Jesus. She said, no matter what excuse you make, it is rooted in Hinduism and you cannot separate just a part of it. Even if you are chanting something different, you are in the room where others are chanting invocations: An **invocation** (from the [Latin verb](#) *invocare* "to call on, invoke, to give") may take the form of: [Supplication](#), [prayer](#) or [spell](#), a form of [possession](#), [Command](#) or [conjuraton](#), [Self-identification](#) with certain spirits.

Me: So to put it plainly you are in a room where demons are being summoned. We have no business as Christians being anywhere near witchcraft like this.

She said many people just want to do what feels good, their attitude is, if it feels good just do it. She said it is addictive, laughing, shaking, running, dancing – because at first you have so much energy. For her, she got deep into yoga, 15 hours a day. She was going to India to train and was going to devote her life to it. While in India, she got so sick, the dr's could not figure out what was wrong with her. What she had was fungal/parasitic/digestive problems/nerve issues/couldn't breathe/seizures/skin manifestatons – itching and crawling things were attracted to her.

She found herself waking up choking herself and she was having visions of dragons. **She was so angry and one day a demon spoke through her and threatened her mother and family.** She was going to kill herself to get rid of the pain. But somehow she had searched and searched for spiritual enlightenment and trying to find more than just what we see in this world. So before she killed herself, she called out to Jesus. When she said Jesus Christ her body started shaking. She said the scripture James 2:19 is true.

James 2:19 - Thou believest that there is one God, thou doest well: the devils also believe, and tremble.

The Lord took her mess and turned it into a ministry! Now she says through her testimony many Christians are being convicted by the Holy Spirit and are leaving yoga and denouncing all ties with it!! Kundalini "serpent force" also called the "source of creation" helps you yoke to Hindu gods. satan copies and perverts everything holy. God created all things through Jesus. Those that are on the wide path are playing around with these things and seeking enlightenment in all the wrong places. So when they do these practices, they

are awakening demonic power on the inside of them instead of God's power, Who is The Holy Spirit.

She said some people are saying, well I just like the exercise part and I don't do the rest. That is their excuse to justify it and make it all ok. She said, well that is like red being your favorite color and so you see a red shirt but it has satanic symbols all over it. So you buy it anyway and wear it everywhere. As a true Christian, you would never do this.

Another example is this: there are people carving a pentagram in the dirt and so you say, well I'm not doing the whole thing, I'm just carving a part of it. So you keep digging and carving your part because you like the way it feels and your muscles are feeling great and you are just doing a little piece of the pentagram. You tell yourself, I'm not helping, I'm just getting exercise. You are deceiving yourself.



Mario Brisson

Mario was a former yoga instructor. He said that before he got into yoga he was depressed and so he went to a psychologist. The psychologist advised him to do meditation and pointed him to yoga. He said you are trying to balance the polarities of the sun (male) and the moon (female) in yourself. We saw that last week on the kundalini chakra meditation chart.

Think about Nimrod who was worshiped as a sun god and Ashtaroth or Semiramis or Isis – a moon goddess. See the connection? And satan being the ultimate sun god.

*Please play this video. Mario was a former yoga instructor. He is giving a warning about practicing yoga. STOP

He begins by asking, should Christians practice yoga? He says this is a practice that is growing among Christians. He can speak to this subject because he used to be a hatha yoga instructor. He says the ultimate goal of yoga is to reach spiritual enlightenment that is the aim and the end result of the yogic practice. You practice yoga to achieve what is called Brahman consciousness. When your consciousness reaches the highest level possible according to the Hindu practice. Where you now believe you are at one with everything. You are an enlightened being. Because you now know that you are a god because everything is god. So you end up falling for a pantheistic lie about the nature of our reality. He has repented of all these false forms of religion and is following the Lord Jesus Christ in His truth and in His way. He talks about the spiritual dangers of practicing yoga. You can have what's called a kundalini danger. It happened to him. Where you get violently sick, you are throwing up every day, you get tingling sensations, you might have bodily contortions happen for no apparent reason. You might hear voices, you might have tingles in your body. All these things might be happening to you but most of the time your yoga teacher never talks about that. There are dangers to practicing yoga, physically, mentally and emotionally. He shows the verse from 2 Tim.4:3 where people are not listening to sound doctrine but listening to things that please their ears (what they want to hear). We in the western civilization have been taken over, desensitized by eastern mystic occult practices. In the 1970's we had The Beatles, the hippie movement, and all this new spirituality find its way into the west. Now today the problem is that we are having a hard time to distinguish between the real spiritual that Jesus lays out for us in the Scriptures and occult practices that are creeping in. He clarifies that he does not believe if you are just doing a stretch, a yoga pose that its somehow evil. BUT he explains that if you believe that stretching, breathing and holding postures is what yoga truly is, you don't even know what yoga actually means. Yoga is a spiritual practice of worship to the gods of Hinduism. Through different various meditations, stretches and breath exercises the practitioner can gain what is called Brahman consciousness or enlightened consciousness which is integration

or union with the highest god or expression of god in Hinduism. He explained that when he was studying to be a yoga instructor he had to read the Hindu Scriptures – the Bhagavad Gita. He had to study scriptures of Hinduism. He was making himself a teacher of Hinduism. People that would come to the class wouldn't have much an idea that his goal was to lead them to this higher state of consciousness. That is really what his aim was when he was a yoga instructor. He was leading people to a satanic, philosophical lie you could say, that teaches that I am god, you are god through facilitating a mystical experience through these meditations and practices for them. He shows the sun salutation and explains that it means sun worship. It is the starting pose or warm up for most yoga sessions. It is literally a sequence of postures to display adoration and worship to the sun god. The Bible makes it clear that God is not fond of sun worship. And in fact this is one of the things that the pagans were doing that God was calling them out for. He says to them, you have been led astray, you've fallen for the lie. You are now in a state where you are worshiping the creation and not The Creator. Then he begins to speak on and expose kundalini yoga practice. It is often called serpent yoga. This yoga teaches that there is an energy serpent that is dormant lying at the base chakra. And that through various exercises and practices one can awaken their consciousness so that the serpent begins to climb up the different chakra system eventually making its way to the pineal gland, the third eye chakra and the crown chakra where the production of the awareness that you are at one with everything will take place. Think about that, a serpent that lies at the base of your spine that then can be awoken up you and once it gets to your pineal gland (forehead) that then you are going to believe the lie that Eve fell for in the garden. Through this gnosis, this false knowledge that you are at one with everything and that everything is God. Not good. Spiritually we should be able to discern this. He shares that he got sick practicing this serpent style of yoga. One of the symptoms that he experienced was hot pain in his back in the morning. He would wake up and he would have chills and he would vomit. He would hear these very powerful intuitive voices because he was opening himself up unknowingly to the spirit realm by dabbling in these occult, satanic practices. He got sick for a long time. They call it the dark night of the soul. He mentions Purvi, another Christian youtuber who has her testimony out on yoga. She lost her hair and all sorts of things were happening to her body. He said people may think this is just testimony from some Christian. But he points to the fact that these yogi's have published the dangers of kundalini themselves. He said there are even people talking about the symptoms and problems that they are having because

they are trying to do this but they keep doing it because they don't realize that these problems are happening because of practicing yoga. They think it's a good experience (yoga/kundalini yoga) and they keep on practicing the very thing that is making them sick. So please, if you are experiencing this it is because you are dabbling in witchcraft. The spiritual things that are occurring, the emotional, mental and physical are a result of you doing practices that God says not to be caught in. This leads us to Christian yoga. This is something that is really alarming. Some "well meaning" brothers and sisters have taken the yogic practice, an occult, middle eastern, hindu practice that is designed for the purpose of leading someone to enlightenment, the false pantheistic belief. The same lie that Eve was told in the garden. This has now been brought into the church. Somehow they believe they can Christianize this satanic abominable practice by just removing the Sanskrit hindu type of yoga terminology and replacing it with Christian terminology. Yet most times still talking about chakras and using the sun salutation and all that stuff. He says, "Now brothers and sisters I know you mean well but you need to step your discernment game up." You really see nothing wrong by replicating exactly, just changing the names. A practice as I described to you? He says, maybe you grew up in the church your whole life. He says, he came from this (yoga) I practiced this stuff, I know how spiritually dark, confusing and wrong this practice is. And now I turn around after being freed of this. I'm free of this. And I come into the church and you are bringing it into the church. It doesn't belong here. GET IT OUT! He says if you want to stretch or do breathing exercises or hold postures because they are good for your body, then do pilates. Just stop this nonsense with the yoga. The real danger is that, not that he believes that Christians are going to unknowingly go to a yoga class and then get demon possessed in that moment. He doesn't believe that. But he does believe that according to the Bible we are going to see people not enduring sound doctrines. There are many Christians getting confused today. New Age and Christianity today are getting merged into something that's not true by the way but it is being done in our generation. They are not sound in their doctrine. They are going to be led astray by what the yogic practice is. Before you know it, they were coming to God but oh they started practicing "Christian yoga". And in that Christian yoga got them to check out into astrology and got them into numerology and get them thinking well maybe we are all gods. And then before you know it they slip away. That's the danger. The danger is that Christians who are not sound in their understanding would practice these things and be led astray. And the other danger is that if you are not born again and filled

with the Holy Spirit you can end up demon possessed by kundalini spirits. We as the church should not compromise on this. So what, you're getting a little bit of relaxation. Go for a run, do a stretch, do a breathing thing. Just stop doing yoga because that is facilitating confusion in the church. As a Christian we should not be practicing a middle eastern, metaphysical occult form of spirituality that facilitates through breath, meditation and posture the enlightened state of deception from New Age Eastern Philosophies. Please use discernment. The church needs discernment right now. Discernment is when we know what is of God and what is not. Real yoga with the aim of achieving Brahman consciousness has no place in the Christians life. Brothers and sisters who are trying to Christianize this practice and bring it into your congregations and churches, wake up this ain't a joke. We wrestle not against flesh and blood but against principalities and powers. The enemy is subtle. You may not think there is much that can be done through what you're doing. But he says, that subtle enemy is really taking advantage of what you are doing in your quest to Christianize this demonic thing.*(about 14.5 min's)

<https://www.youtube.com/watch?v=e5ZBuCUYf1s>

The mystical – supernatural experiences that people are having who are involved in these type of New Age practices are addictive. satan baits the hook with mystical experiences to draw the person deeper in. Notice Mario said he was freed from this demonic practice and now that he's in church he is seeing it in the church. I remember hearing a testimony of a guy who got out of paganism and knew full well that the "christmas tree" is a baal altar. He was delivered from all that and yet saw it right in the church. He was wondering where he is supposed to go now. He thought the church had the answers. The church is so filthy right now. Not many pure churches out there anymore. God has a remnant and we are one of His true churches. Praise God Mario has given his life to Christ and now teaches others how demonic this is.

One last thing on yoga, they are teaching this to the little kids in public school.



Third-graders at Olivenhain Pioneer Elementary School in Encinitas, Calif., perform chair pose with instructor Kristen McCloskey last month.

When Mary Eady visited one of the yoga classes at her son's school last year, she saw much more than a fitness program. "They were being taught to **thank the sun for their lives and the warmth that it brought, the life that it brought to the earth** and they were told to do that right before they did their sun salutation exercises," she says. (Hindu sun god, surya)

A few districts have banned yoga, as well as visualization practices or meditation instruction. But you know they just keep pushing and pushing until they finally get it introduced into more and more schools.

Meditation and yoga are promoted as a way to de-stress, to relax, to be at peace, to heal etc. The way we as Christians do this is to seek the Lord. If we are worried and stressed out about something we seek God in prayer.

1 Peter 5:5-7 - Likewise, ye younger, submit yourselves unto the elder. Yea, all of *you* be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble. Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Casting all your care upon Him; for He careth for you.

Humble yourselves to the God, submit to Him and lift up all your anxieties, cares and problems and needs to Him. He loves you, He created you and He will help you.

When you lack peace, seek Jesus, He is the Prince of Peace (**Isaiah 9:6**) and ask Him to help you to have peace in your life, peace about whatever is troubling you.

Praise and worship Jesus, sing to Him, this will help you to calm down and have peace and this helps you to draw nearer to God.

Read God's Word and let Him speak to your heart, mind, soul and spirit.

Exercise helps tremendously too. Take a walk, go for a bike ride, go swimming, whatever form of exercise you enjoy, this will take your mind off of whatever is bothering you and will release natural endorphins which help you to feel good at the same time.

CLOSING

If we will do our part in truly seeking God through worship and praise through prayer and fasting, reading His Word, serving Him obediently, tithing and giving, serving in His Kingdom, He will reveal His hidden mysteries to us. (**Jeremiah 33:3**) He will give us our hearts desire when we delight in Him. (**Psalms 37:4**) There are no shortcuts to Him, you must put in the effort for your own relationship. He will move powerfully in your life if you do the things I just mentioned and wait on Him. If you don't study His Word, you will be deceived and you will have no excuse for why you believed a lie as you stand before Him in judgment. Wait to be endued with power from on High!

PRAYER

http://adishakti.org/subtle_system/kundalini.htm

<http://www.themystica.com/mystica/articles/k/kundalini.html>

Think you can be Christian and do Yoga? PLS LISTEN TO THIS!

https://www.youtube.com/watch?v=6DZ7oz_flq8

From occult yoga to Jesus Christ- My strong testimony!

<https://www.youtube.com/watch?v=5-SQr-gNldE>

SHOULD CHRISTIANS DO YOGA? (2018)

<https://www.youtube.com/watch?v=e5ZBuCUYf1s>

<https://www.npr.org/2013/01/09/168613461/promoting-hinduism-parents-demand-removal-of-school-yoga-class>

<http://www.tolerance.org/magazine/number-42-fall-2012/feature/yoga-public-schools>