

# NEW AGE Pt.15: BIBLICAL MEDITATION, TRANSCENDENTAL MEDITATION in PUBLIC SCHOOLS

## **BIBLICAL MEDITATION**

Let's take a look at what the Bible says about godly meditation. This next passage of Scripture is God speaking to Joshua after the death of Moses and now Joshua will lead the Israelites.

**Joshua 1:8** – This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

This was the Old Testament law. Joshua was to study it, speak it, practice it in his daily life and not forget it. By always speaking it and doing it, it would not depart out of his mouth because he would keep it active in his life. He and the Israelites were to meditate on God's law just as we today, are to meditate on God's Word. Which means we read it, study it, ponder it, think about it and when we have questions, we take them to God in prayer and research or dig deeper on the verses that stump us or puzzle us. You mull it over in your mind and that is what it means to meditate on God's Word. You read His Word every day and when you have read the whole Bible, you go and read it again. You never stop as long as you live, you keep reading it and the Holy Spirit will keep teaching you and you will grow up and mature in Christ in that way. Reading God's Word helps to feed your spirit man and in so doing then you will be more discerning and more able to test the spirits to know what spirit someone is speaking by or if something is ok for you. **(1 John 4:1-6)**

**Psalm 1:1-3** - Blessed *is* the man that walketh not in the counsel of the ungodly (who does not walk in step with the wicked), nor standeth in the way of sinners (nor stand in the way that sinners take), nor sitteth in the seat of the scornful (nor

sit in the company with mockers). But his delight *is* in the law of the LORD; and in His law doth he meditate day and night. He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.

We now see twice in Scripture God has told us that He will give us good success and make our way prosperous if we stay in His Word and apply it to our lives. Prosperous does not just mean monetarily either. So don't get hung up thinking if you just keep reading God's Word He's going to make you rich. That's not what is being said there. And if you read His Word you will remember what Jesus said about the rich man, it is easier for a camel to go through the eye of a needle than for a rich man to enter into the Kingdom of God. **(Matt.19:24)** To meditate in God's word day and night means it is a lifestyle. You stay in His word every day and His word is always on your heart and mind. You practice it continually in your life. When things happen in life you relate it to God's Word, you stand on His Word, pray His word in prayer and teach it to your children. It is part of your daily life. That's how you meditate on God's word.

**Romans 12:2** - And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove (discern) what *is* that good, and acceptable, and perfect, will of God.

We renew our minds by having God's Spirit inside of us and reading His Word. We are to study God's Word **(2 Timothy 2:15)**. Stay in God's Word and always pray before you read God's Word asking Him to teach you by His Spirit and to open your spiritual eyes, ears and understanding. Ask the Lord for more godly knowledge and wisdom and for more of His Spirit and anointing in your life. Ask Him for more revelation. Ask Him to help you to understand the parts you don't get and to help you to relate His Word to your life and for His help in living out His Word in your life.

If you do a word study and look up every occurrence of the word meditate in Scripture, you will see that it always pertained to God's Word or God Himself or to His marvelous works. That was what they were to think about, study on, pray

about, ponder, keep in their hearts and minds and live out in their lives. That's godly meditation.

So now we have seen what God has to say about what kind of meditation pertains to Christians. Let's take another look at New Age meditation. As I have already stated I am not going to try and explain all the different types of meditation, there are too many. The main thing you need to know as a Christian is that none of them are godly. So for you, it is off limits.

Meditation practices can be found in Buddhism, Hinduism, Christianity, Judaism and Islam. ((There should not be any meditation associated with Christianity except what I just discussed straight from God's word. Meditate on Him and His word alone.)) Some people practice meditation independent of any religion but are likewise looking for a sense of peace and insightfulness offered through the religious practices.

We live in a stressed out world and many people are searching for peace and relief from all the stress. So much so that meditation is being advised by doctors to their patients as a way to relieve stress. It is being taught or included in some school systems. Remember the Indian dr. that was advising Kennedy to meditate. We saw him after we all had covid and Kennedy was having some breathing problems, he was a pulmonologist. I told the man we believe in Jesus and that I knew He would heal her and in the meantime we were trying to do what we could to get help and relief for Kennedy. He asked me what my occupation was and I told him a pastor. He said, "Oh lord." I told him, oh Lord is right, He's the one you need. That dr. might not have been sick, but his soul is sick because he's deceived already in serving his gods and rejecting Jesus Christ, as it stands right now he's on the path to the lake of fire.

### **TRANSCENDENTAL MEDITATION IN SCHOOLS**

I found this piece of information when I was researching Johnny Depp. This man, David Lynch worked with Johnny on a film in 2017. From The New York Times - The director David Lynch is starting the David Lynch Foundation for Consciousness-Based Education and World Peace, which will fund transcendental

meditation classes and research into the effects of yoga on body and mind. The “Blue Velvet” filmmaker says he is convinced he can alleviate the world’s suffering by teaching society about the Hindu chanting technique and its founder, Maharishi Mahesh Yogi. Lynch, 59, hopes to raise \$ 7 billion within a year, which will go toward forming “peace-creating super groups of 8,000 meditators” around the globe. “Today’s students are even more stressed out,” he says. “But when they meditate, they will start shining like a bright, shiny penny, and their anxieties will go away. By diving within, they will attain a field of pure consciousness, pure bliss, creativity, intelligence, dynamic peace.

Me: Look at what these rich people are spending their money on. They spend it on satan’s kingdom because that’s what he requires, it is part of their worship to him. In order to have the benefits that he blesses them with, they will serve his agenda.

## Top US meditation teacher brings his message to stressed-out Britons

**Guru Bob Roth, who numbers Katy Perry and Hugh Jackman among his fans, is to set up a TM project in London schools**



From left: teacher and author Bob Roth, singer Katy Perry and film director David Lynch, who set up a charity to promote TM. Photograph: David X Prutting/Rex

Top US meditation teacher brings his message to stressed-out Britons. Guru Bob Roth, who numbers Katy Perry and Hugh Jackman among his fans, is to set up a TM project in London schools. From L-R: teacher and author Bob Roth, singer

Katy Perry, and film director David Lynch, who set up a charity to promote TM.  
Photograph: David X Prutting/Rex

We just read about David Lynch's plans to spread TM all over the globe. One way he's doing that is he has partnered with Bob Roth who goes all around the world teaching TM. Watch this video and hear it straight from his own mouth.

\*Please play from 7:04 to 9:30 Bob Roth goes around teaching transcendental meditation everywhere. He teaches it to inner city school children, to corporations etc. He's been teaching it since 1972. Teaching it in schools, in prisons to inmates and guards, taught at Apple Computer and General Motors etc. About 16 years ago he partnered with David Lynch to form a foundation that can go in and teach this in the schools. He said now the foundation has provided scholarships for almost 600,000 inner city school kids to learn to meditate, all over the United States, in the Middle East, in Africa, the Congo, Uganda and all over Latin America. Every where. In Buddhist schools, in Muslim schools, in Catholic schools, "cause it's not a religion." Now today meditation is more main stream. How many people meditate, he asked the audience.\*(about 2.5 min's)

<https://www.youtube.com/watch?v=gkwGxFfMGyM>

This agenda to get children meditating is growing. Notice he casually stated that they are teaching it in all sorts of different religious schools and he said because it's not a religion. He is presenting it as if there is no conflict with any religion. People who are accepting this do not have godly discernment. Yes, it is a religion and you will know this when you look at it deeper as we have. Taking the Puja initiation and chanting Hindu god's names is certainly rooted in Hinduism where they worship millions of gods and it is a religion.

Continuing research:

One of the organizations reaping the benefits of positive peer pressure is the David Lynch Foundation, which focuses on teaching Transcendental Meditation to students in inner-city schools.

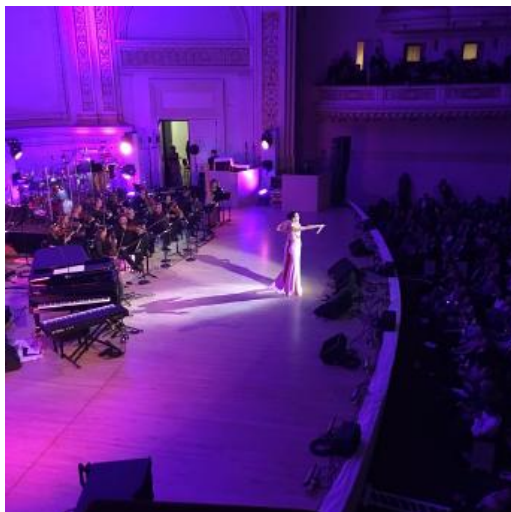
A quote said: “I’m completely in favor of the David Lynch Foundation’s Quiet Time program.”

The research on it is showing that when kids are meditating twice a day in school there are improvements in all kinds of important areas. Because teens are so rewarding to each other, what I am focusing now in my own work is trying to get kids in schools to meditate together: developing meditation clubs, even meditation buddies, and having schools develop study halls where kids can meditate – because teenagers typically don’t want to do stuff that other kids are not doing. That is the brilliance of these David Lynch school programs – everybody’s doing it.”

They are sparing no expense to promote TM and get it spread all over the world. Let’s run through some pictures to give you a better idea. The phrase “everybody’s doing it” is like occultist Aleister Crowley’s statement “do what thou wilt shall be the whole of the law.” That is walking down the wide path that the Bible tells us leads to destruction. **(Matt.7:13)**



David Lynch Foundation Presents ‘Change Begins Within’ – a gala dinner and conversation. The change they are talking about is through transcendental meditation. This was held in 2015. They are promoting TM big time.



The caption on this picture read: mesmerizing performance at the Change Begins Within gala by Katy Perry. They are sparing no expense in promoting this to the world.

Often referred to as the Quiet Time Program, the students and teachers meditate for 10 to 20 minutes twice per day. The program consists of TM instruction and follow-up, as well as training of school faculty and staff to supervise the TM sessions offered at the school.

Integral Yoga Magazine

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**QUIET TIME  
CHANGES LIVES**

“Since I started TM, life has gotten a lot easier. I think more clearly and I don’t rush into things. Plus, my grades have gone up.”  
– Cecilia, 7th grader

Consciousness-based Education: Transcendental Meditation in Schools - Integral Yoga Magazine [Visit](#)

Quiet Time changes lives “Since I started TM, life has gotten a lot easier. I think more clearly and I don’t rush into things. Plus, my grades have gone up.” –

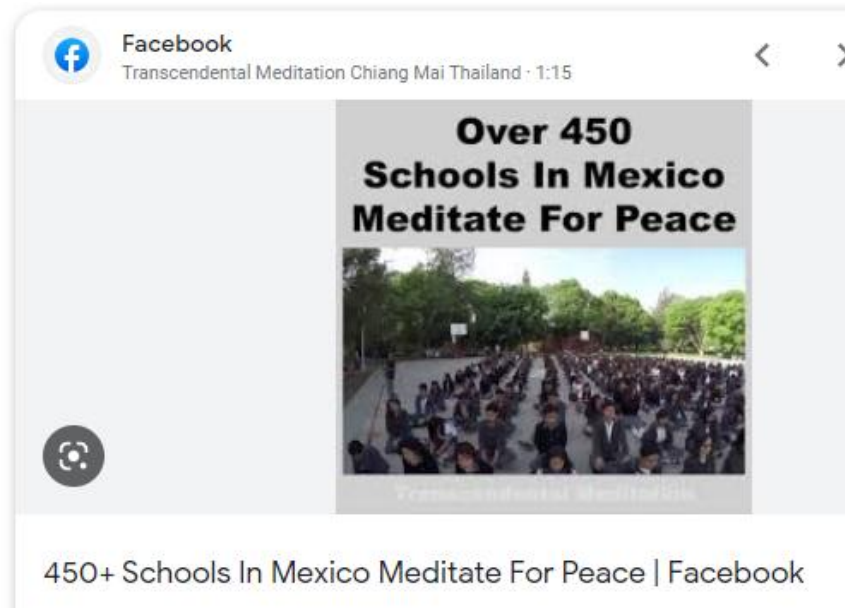
Cecilia, 7<sup>th</sup> grader. Consciousness-based Education: TM in Schools – Integral Yoga Magazine.

Studying the Bible and praying to God in Jesus' name was kicked out of public schools. However, Hinduism, through transcendental meditation is being promoted on a grand scale. Of course satan will have something positive published to promote the idea that it really will benefit you in a good way. Don't forget the lives of those who meditated who ended in destruction, misery and damnation. Elvis Presley is a major witness for us about it. Simone was not truly at peace and happy in her life either. Don't forget Walle's testimony about where it ultimately leads.

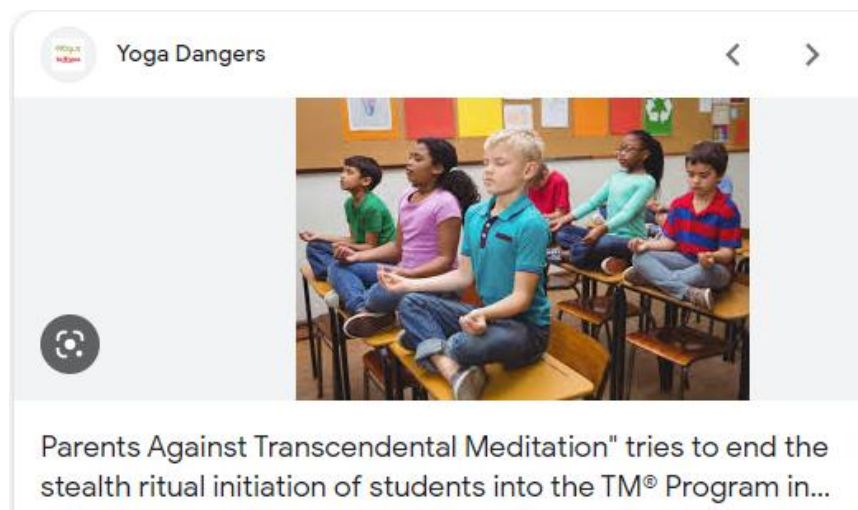


The New York Times – Under stress, students in New York Schools find calm in meditation.

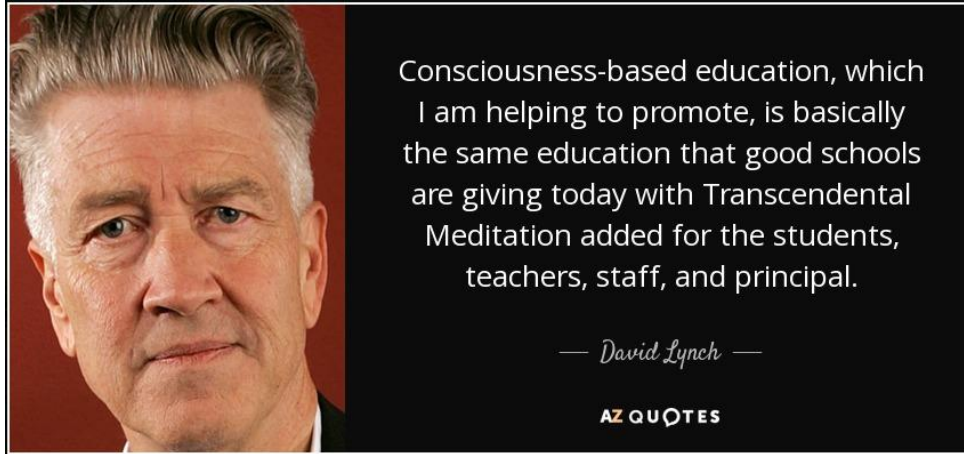




450+ schools in Mexico meditate for peace. Jesus is the Prince of Peace and they are not seeking Him here. Ain't gonna be no peace without Jesus.



Parents against transcendental meditation – tries to end the stealth ritual initiation of students into the TM Program. Look at them on their desks with their young minds being deceived and initiated into this demonic practice and religion.



Consciousness-based education, which I am helping to promote, is basically the same education that good schools are giving today with transcendental meditation added for the students, teachers, staff, and principal. – David Lynch



Laura Cipullo, RD – TM for kids



Newsweek – The movement of meditation replacing detention in schools.



Paley Center: National Education Summit on Quiet Time in the classroom – The Center for Leadership Performance... They have adopted this name “Quiet Time” to slide this past most unsuspecting parents.



Lawsuit against Chicago Public School's Transcendental Meditation program can go forward

Religion News Service – Lawsuit against Chicago Public School’s TM program can go forward. This was recent, in 2021.

If you have children in public school and they are having “quiet time” which is TM, if they are teaching them meditation in any form, or yoga, you as an informed parent need to stand up for your religious freedom and say “not for my child you don’t.”

The following research that I’m about to share is from two researchers who researched the effects of meditation:

There were some negative effects discovered about meditation but they choose to call them challenges instead of negative experiences. Listen to this: We’ve all heard about the benefits of meditation ad nauseam. Those disciplined enough to practice regularly are rewarded with increased control over the brainwaves known as alpha rhythms, which leads to better focus and may help ease pain. In addition to calming the mind and body, meditation can also reduce the markers of stress in people with anxiety disorders. Rigorous studies have backed health claims such as these to convince therapists, physicians, and corporate gurus to embrace meditation’s potential.

What contemporary and ancient meditators have always known, however, is that while the hype may be warranted, the practice is not all peace, love, and blissful

glimpses of unreality. Sitting zazen, gazing at their third eye, a person can encounter extremely unpleasant emotions and physical or mental disturbances.

Zen Buddhism has a word for the warped perceptions that can arise during meditation: makyo, which combines the Japanese words for “devil” and “objective world.” Philip Kapleau, the late American Zen master, once described confronting makyo as “a dredging and cleansing process that releases stressful experiences in deep layers of the mind.”

The researchers identified 59 kinds of unexpected or unwanted experiences, which they classified into seven domains: cognitive, perceptual, affective (related to moods), somatic, conative (related to motivation), sense of self, and social. Among the experiences described to them were feelings of anxiety and fear, involuntary twitching, insomnia, a sense of complete detachment from one’s emotions, hypersensitivity to light or sound, distortion in time and space, nausea, hallucinations, irritability, and the re-experiencing of past traumas. The associated levels of distress and impairment ranged from “mild and transient to severe and lasting,” according to the study. Most would not imagine that these side-effects could be hiding behind the lotus-print curtains of your local meditation center.

This is bad fruit you guys.

## **CLOSING**

Parents and guardians, you are responsible for the children that God has blessed you with, that God has placed in your lives. You are to be rooted and grounded on the firm foundation of Jesus Christ. He is our God. Under Him, parents and guardians – you are another layer of protection over your children. You are a spiritual covering over your children’s lives. Talk with them and find out what is being taught in their schools. If there is yoga or meditation of any sort, you need to stand up against it. Arm yourself with the facts, it is yoking them to Hinduism, and to Hindu gods. It will bring demonic activity into their lives. I have seen where so many are standing against TM in their school systems. Be active in your child’s life and teach them God’s Word and to love and obey Christ. Stand for

Jesus and against these satanic practices, protect your children while they are in your care and always cover them in prayer and with the blood of Jesus Christ.

## **PRAYER**

Bob Roth | Strength in Stillness: The Power of Transcendental Meditation

<https://www.youtube.com/watch?v=gkwGxFfMGyM>

<https://tmhome.com/how-teenage-brain-works/>

<https://tmhome.com/highlights-change-begins-within-2015-gala/>