

# DATING and CHASTITY Pt.2: TIPS on KEEPING YOUR VIRGINITY, CHIVALRY

## **MATURE CONTENT**

I will be mixing some research in on today's teaching.

## **SOME TIPS TO HELP YOU KEEP YOUR VIRGINITY**

Staying chaste will be hard enough even if you date Christians as you should. Especially for teenagers and young adults whose hormones are raging and play a huge role in all of this. When you long for affection and intimacy, it can take you into places you never imagined: mentally, emotionally, and physically.

## **DON'T SETTLE**

Who you date is one of the most important decisions you will make. Don't settle for just anyone. You deserve God's best. I remember when I was single and I was so lonely and I was not serving God although I thought I was a Christian. I would pray and ask God for a boyfriend. Wait on the one God has for you. He can choose way better than you ever could. He's not going to saddle you with someone you are not attracted to and don't have anything in common with. Trust Him. Ask God to speak to your heart and lead you to the one He has chosen for you. Wait on God.

If you are just dating for fun and not wanting to be in a serious relationship then you should make that clear right up front. However, you still should only date Christians. We are not to date unbelievers or marry unbelievers. Those of you who are married and unequally yoked, as long as your spouse has no problem with you being a Christian and living openly as a Christian, then you should remain in that marriage and honor your marriage vows before God. You may be the one God uses to bring the unbelieving spouse to salvation. **(1 Cor.7:12-17)** God is not in approval of divorce, only in certain circumstances is it ok according to the Word of God.

## **KNOW YOUR VALUES**

As Christians, you should keep your virginity in tact, the man and the woman. Make sure you date real Christians that understand why you are both to remain chaste and pure. They know and understand what God expects in regards to keeping themselves pure sexually. They should want to honor God in staying pure until marriage just like you are. If they don't and they are being aggressive trying to get you to do sexual things with them, then they are not the one for you.

## **SET SPECIFIC PHYSICAL BOUNDARIES**

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He is getting too close for comfort. She's not ok with his aggressiveness.

When you date you should state what your physical boundaries are right up front. That way everyone knows and there is no guess work involved. If you don't have a conversation about this very early on you are going to run into trouble pretty fast. It seems that someone is always pushing the boundaries. Talk to the person you are dating about chastity and specific boundaries. Before your relationship starts getting even remotely physical, you should talk about those boundaries.

Do not wait until you start making out to have the talk. By that time things are already getting heated up and you may not stay true to yourself and the boundaries you had decided on. Set yourself up for success, so that you both are on the same page and talk about these things early on in your relationship.

## **STAY BALANCED**

When you start liking someone you are dating, it is easy to get caught up into the other person, or spend every waking hour of the day *mentally stalking* them or stalking them online. I think girls do this more than guys do.

Don't make an idol out of that person. Only God can complete us, so stay balanced.



If you are getting to the point this guy is at, lurking in the bushes keeping tabs on your girlfriend or your boyfriend, then it seems like you have gone too far. There may be trust issues if you are stalking someone like this. Keep your relationship going with God and stay on top of your responsibilities. Keep your own life going.

### **CHOOSE YOUR FRIENDS WISELY**

We all need a support. When you are dating there will be times when you are tempted to just “do it.” Don’t. This is where good, close Christian friends can be a support to you. They can help you to refocus and remind you of why you are not “doing it” like everyone else. A close friend or mentor or your parents can give support and help you to be accountable.

### **AVOID TEMPTATION**



One of the strongest temptations is sex. Potiphar's wife wanted to have sex with Joseph and she made it very clear. He was a godly man and he was faithful to his master Potiphar and to God. There was no way he was going to sleep with this woman. He ran from the temptation and left her holding his garment.

Avoid temptation. Watching a movie under a blanket in the basement when your girlfriend's parents are out of town is a bad idea. Spending the night at your boyfriend's dorm room or apartment is a recipe for disaster.

Don't be enslaved to temptation. It's important to know your limits. So avoid:

- Sexting / flirting that sexually stirs you
- Late nights in tempting locations
- Kissing for too long, kissing laying down; kissing sitting down; maybe even
- kissing standing up; not to mention kissing with any portion of your clothing removed.
- No touching close to private parts and no touching private parts
- talking too long and too late in the car; talking too long and too late anywhere;
- sleepovers; laying down together;
- And backrubs or massages.

The list of ways to be tempted or get into tempting situations is endless. This is just a good go by to help you when you are dating. Everyone will know their own strengths and weaknesses when it comes to temptations. These situations can become minefields for a couple trying to date chastely. You do not want to

find yourself in the middle of a heated moment trying to find your reasoning to say no. Many times in the heat of the moment you won't say no.



The farther we go, the harder it is to stop, both physically and emotionally. Most of us understand the physical part of the problem. The emotional part is a bit more subtle. A romantic kiss between a man and a woman – as opposed to a peck on the cheek – isn't just a kiss. At least for women, the more serious smooching we do, the more of our hearts we give. The more attached we are becoming. And it isn't usually much longer that we are ready to break down and go all the way.

Just like Joseph ran, run away from temptations that are going to cause you to fall. No matter if you let your guard down and wind up kissing too long or too much or things are getting very heated, it's not too late to stop and say no. Let's not rush things and let's be true to God and ourselves.

### **STAY CLOSE to GOD**

More than any attractive love interest, God wants to take you on a glorious love story with Him. If you struggle with chastity, begin to fall to your knees and pray and ask God to change your heart and your mindset. You can also do self deliverance against the spirit of lust. Satan sends his demons out against you to get you to fail and struggle. God wants to set you free from all of that. Get Him involved in the areas of your life where you are struggling. Jesus is the One Who

can set you free. **(John 8:36)** Renew your mind daily by feeding on God's Word so you will know how to live a righteous and walk in victory.

## **A WORD on MODERN CHIVALRY**

I am talking about chivalrous conduct, not anything to do with knights. Men used to throw their coats over a mud puddle so a woman could cross without getting muddy and dirty or they would carry her across. Boys used to carry the books of the girl they were dating in school. Men used to tip their hats to women or remove them in the presence of a woman. A man's word was solid and could be counted on. Men would help ladies on or off with their coats. In threatening situations the guy is to protect the girl. He walks closest to the road to keep you safe.

Let's talk chivalry and dating. Guys used to ask permission to court a girl. Nowadays we say to date a girl. It is still customary to ask a girl's father for her hand in marriage but men also used to ask for permission to date her also.

When he comes to pick you up he shouldn't just sit in the car and honk the horn. How rude. The man should open doors for the woman, and hold her chair out for her to be seated. A true recipe for male chivalry that is often overlooked by many. Carrying the woman along throughout the date and allowing her to order first is a sign of respect. This is the same as waiting for her before he begins to eat if his food arrives first. This simple act of respect can go a long way in showing that he cares, however very few men fall into this category. Another way to do the ordering is that he would order at a restaurant for the woman (of course she would tell him what she wanted).

The man would pay for the date. In the beginning of a relationship a man should pay for the date, especially the first one. If you are in a relationship for a while and want to take turns that's fine but in the beginning the man should put forth the effort to show you he thinks you are special.

The man should walk the woman to her door when the date ends. That is part of his responsibility to be sure she got home ok. If you took separate cars then the guy should give you a call to be sure you made it home safely. When you are together he should give you his undivided attention. If he continues to text or

talk on the phone or be on the phone during your date, he's not that into you. A text during the day from time to time is nice just to let you know he's thinking of you.

Does he make an effort to plan your date and put some thought into it to make it special? That is chivalrous. He also calls you to actually talk instead of just relying on texting. When saying good night at the end of a first date, it's ok to get a peck on the cheek. Old black and white movies often showed the man giving the woman a kiss on the cheek or a quick kiss on the lips but not a French kiss. And it was not long and lingering.

The one you are dating should buy you thoughtful gifts from time to time. Something that means something to you and shows that he's been paying attention to you.

He gives real compliments. Another sign that he is watching and listening. The modern chivalrous man will notice when you have a new hairdo or wear a new dress and he will give you real compliments. He would not just try to flatter you to score; his every word would have real meaning. This is a way of communicating that he really sees you and that he likes what he sees.

Another sign that he cares; during your date, he checks to make sure he is not the only one having fun. This would be because he cares and it matters to him that you feel good. He values your time and opinions and he is not selfish. This will in turn make you feel special; the way you should feel every time that you are together.

A man who is serious about dating you would make a date in advance. If you get a call at the last minute asking for a date, usually that is because he had other plans that fell through and you are just an after thought. If the guy really likes you, then he should make it clear by asking you to be exclusive.

Fathers were to teach their sons these things. This is quickly eroding away and becoming a thing of the past. Young girls today don't understand how truly special they should be treated. These things help you to know how the other person feels about you and where you stand with them.



While chivalry might be dead as we know it for a lot of people, modern chivalry doesn't need to be. There are numerous romantic gestures and simple things a man can do to show a woman that he cares. Contrary to what some might think, chivalry is not stupid, it is actually a show of maturity and respect to be able to care for someone else.

Women's lib has gone a long way in damaging how men treat women today.

## **CLOSING**

**2 Cor.11:2** – For I am jealous over you with godly jealousy: for I have espoused you to one husband, that I may present *you as* a chaste virgin to Christ.

This was Apostle Paul speaking to The Corinthians. The Bible has a lot to say about virginity spiritually. Think about the story of the wise virgins. They are a picture of purity toward God. Loving and serving Him only. Many times in Scripture you read about God saying His people had committed whoredom against Him. Or He would say they have prostituted themselves against Him. That is spiritually because they were cheating on God by serving satan and the fallen angels. **(Jeremiah 3:8, Isaiah 1:21, Rev.18:3)** The fallen angels are the idols of the nations, of the gentiles. Just as God has made so many spiritual references to virginity and purity toward Him as our God, He desires the same thing in our natural lives and marriages here on this earth.

**Eph.5:25** – Husbands, love your wives, even as Christ also loved the church, and gave Himself for it;

We are to be devoted to our spouses and faithful to them. God compares our marriages to the relationship of Christ to the church. There is no greater love than what Jesus did for us. We are special and precious to Him. We are to keep ourselves pure and chaste. Sexual intimacy is something God designed to be enjoyed within the covenant of marriage.

Pray for God to show you who He has chosen for you. He is not going to choose someone who is pressuring you to have sex. You are to be equally yoked and that means that the young man or young woman are both to be Christians. Real Christians, not just playing church in order to get you to let down your guard and



see what they can entice you to do with them. If the young man you are dating loves you and wants to marry you, he can wait until marriage to know you intimately. We usually think of men as being the aggressors, but the same thing is true if you are a guy who is waiting for marriage and a woman is pushing you to have sex. If she's a true godly woman then she should not have any problems waiting until marriage.

## **PRAYER**

<https://www.weddingforward.com/modern-chivalry-happy-couples/>

<https://plus.catholicmatch.com/articles/how-far-is-too-far-physical-boundaries-for-chaste-dating>

<https://www.thegospelcoalition.org/article/sexual-abstinence-gods-gift-for-unmarried-lovers/>