

NEW AGE Pt.25: SINGING BOWLS, HEALING BOWLS, CRYSTALS, CRYSTAL GRIDS, SACRED GEOMETRY, MEDITATION

I began this series back in 2022 going into 2023 and wanted to get back to it to because a lot of professing Christians are caught up in new age and don't even realize it. People don't read and study their Bibles any more. They are not being disciplined and they don't have discernment.

SINGING BOWLS and HEALING BOWLS

Simone said she did "crystal healing bowls" and I had no clue what that was until I did some research putting this message together. The crystal healing bowls are also called singing bowls. I am always amazed to learn about all the things new agers are doing, it is endless. There's no way I can cover it all in this series but we are going to take a look at some of it at least.

*Please play from 6:04 to 7:56 – This woman demonstrates how to use crystal singing or healing bowls. STOP

At the end of the video she gives a few sizes of different bowls that correspond to different chakras. She says you should have "inner voice" and expression with these bowls. She also says if you want to train to be a "sound healer" you can come into her apprentice program. *(about 2 min's)

<https://www.youtube.com/watch?v=CqltoRcUkHs>

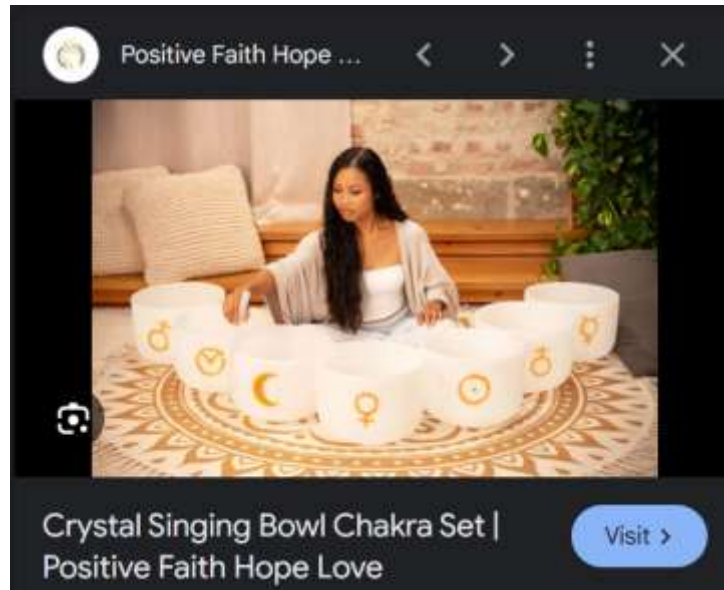
Notice she was talking about chakras. Chakras in religion are found primarily in Buddhism, Hinduism and New Age. Some people are chanting with these singing or healing bowls. When a person is immersed in the frequencies that these bowls emit as they are played, it is called a sound bath. This lady mentioned "inner voice" and expression – these are new age terms.

Inner voice, in the context of healing bowls, refers to the subconscious thoughts and feelings that can be accessed and amplified through the use of sound healing techniques, particularly with singing bowls. These bowls, also known as Tibetan singing bowls or crystal singing bowls, produce vibrations and sounds that are believed to induce relaxation, reduce stress, and facilitate a deeper connection with one's inner self. The practice can help quiet the mind, allowing for greater self-reflection and the potential to uncover and address emotional or energetic blockages.

Inner voice, in the context of healing bowls, refers to the subconscious thoughts and feelings that can be accessed and amplified through the use of sound healing techniques, particularly with singing bowls. These bowls, also known as Tibetan singing bowls or crystal singing bowls, produce vibrations and sounds that are believed to induce relaxation, reduce stress, and facilitate a deeper connection with one's inner self. The practice can help quiet the mind, allowing for greater self-reflection and the potential to uncover and address emotional energetic blockages.

This "inner self" concept is just part of humanistic psychology. Humanistic psychology emphasizes the importance of understanding an individual's unique inner world, including their feelings, values, and self-concept, as key to personal growth and well-being. A Christian has The Holy Spirit inside them helping to lead and guide them through life. Someone who is immersed in new age is guided by the spirit of the world which comes from satan's kingdom. **(1 Cor.2:12)** So their inner voice is coming from the kingdom of darkness influencing their lives.


Some of the videos I listened to talk about meditating to the sounds, setting an intention and focusing on that intention as you play the bowls. New Age is all wrapped up in manifesting what you want into this realm. The idea that you can make happen whatever you want if you focus and meditate hard enough.




Crystal singing bowl chakra set – positive faith hope love. These bowls have astrological sigils on them which are symbols that represent fallen angels. Notice the words they use here, faith, hope and love. Some Christians would be familiar with that in Scripture (**1 Cor. 13:13**) and just think automatically this is a Christian thing when it's not.

Here's a breakdown of how to do a crystal singing bowl bath:

1. Prepare the space:

Find a quiet, comfortable area where you can relax, such as a yoga mat or comfortable chair. You can dim the lights and use blankets or pillows for added comfort. 

2. Choose your bowls and set intentions:

Select your crystal singing bowls, which may be arranged by chakra or in a harmonic sequence. You can also set an intention for your session, such as relaxation or stress relief. 

Here's a breakdown of how to do a crystal singing bowl bath:

1. Prepare the space:

Find a quiet, comfortable area where you can relax, such as a yoga mat or comfortable chair. You can dim the lights and use blankets or pillows for added comfort.

2. Choose your bowls and set intentions:

Select your crystal singing bowls, which may be arranged by chakra or in a harmonic sequence. You can also set an intention for your session, such as relaxation or stress relief.



Crystal singing bowl. 7-piece chakra set. You see chakras in yoga, you see them here with singing bowls because these singing bowls have to do with Hinduism and ancient eastern pagan religions. New Age is a spin off from Hinduism. You will see chakras mentioned time and again in new age techniques.



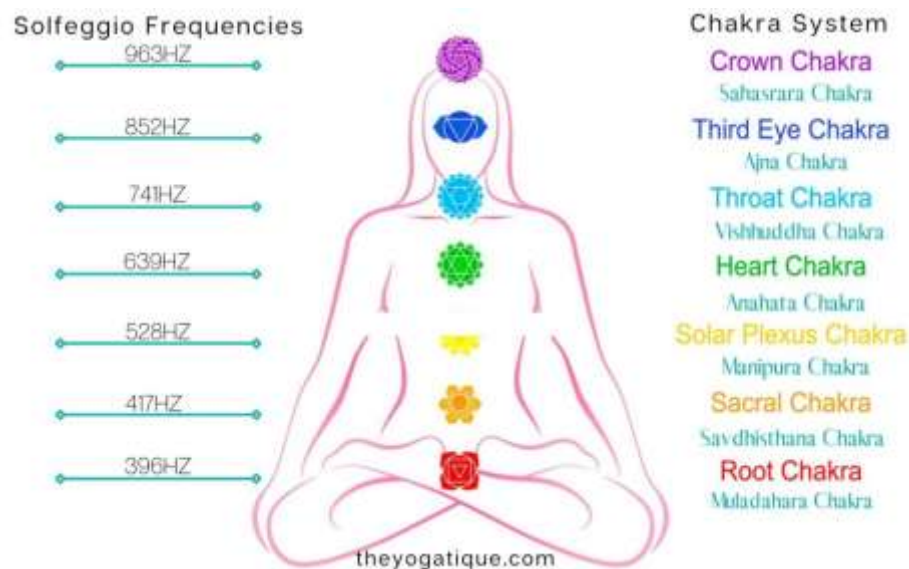
Sound Healing - crystal bowl sound meditation

*Please play this video – this person demonstrates using a singing bowl to cleanse the energy in your home. STOP

They say to cleanse the energy in your home with your singing bowl by dinging it in each corner. This will revitalize the energy in your home and bring a positive flow. *(about 8 seconds)

<https://www.youtube.com/shorts/Rval5VO1hn0>

This is the same as people who burn sage and waft it around their house in a process called smudging believing they are cleansing their home from evil spirits and negative energy. This isn't going to do a thing for your home except invite evil spirits in because the spirit realm pays attention to what we believe and what we do. When you do something like this you show that you do not trust in Christ because you are looking to an herb or to a singing bowl to drive evil spirits away. When you belong to Jesus and have The Holy Spirit inside of you and live in obedience to God's Word, then He protects you and all that you have.



This information is from a site that promotes yoga which is part of Hinduism. On the left they are showing the frequencies believed to be in conjunction with the chakras listed on the right which are just different points or places within the human body. Let's think about this for a minute, the idea is that say your heart chakra is not resonating at the right frequency – how would you even know that – but anyway, then you get the singing bowl that is for the heart chakra and sit

under its frequencies – this is supposed to reset your heart to the right frequency. Well, what got its frequencies off in the first place? If whatever got your heart out of frequency isn't dealt with, it's just going to get out of sync again – right? There's just too many variables and questions with all of this.

Listen to this statement about frequencies and trying to raise your vibrations: By honing in on a high vibrational state, you're more likely to attract positive experiences, manifest desires, and contribute to your overall well-being.

The new age teachers, gurus and coaches are all over the place teaching this stuff. When things don't change, you don't get well or you don't get what you are trying to manifest, they have an easy out, they just say you are not raising your vibration high enough etc. They can say you need to keep practicing your meditation or add this or that into your routine etc. So many variables and it gives them good cover as to why something isn't working for you.

New Age teaches that chanting the Hindu word om creates vibrations in the body that resonate at 432 Hz, which is said to be the natural frequency of the universe, promoting relaxation and harmony. We already know as Christians we are not to be chanting. **(Matt.6:7)**

While we are talking about sound frequencies and the beliefs in new age that frequencies have healing power, let's take a look at the word "om" that so many are chanting:

In Hinduism, "Om" (or "Aum") is a sacred syllable considered the primordial sound of creation and the essence of ultimate reality. It represents the universe, consciousness, and the interconnectedness of all things. The symbol is also associated with the Hindu trinity of gods: Brahma, Vishnu, and Shiva.



In Hinduism, "om" (or "aum") is a sacred syllable considered the primordial sound of creation and the essence of ultimate reality. It represents the universe, consciousness, and the interconnectedness of all things. The symbol is also associated with the Hindu trinity of gods: brahma, vishnu, and shiva.

This word or sound is a sacred syllable – I don't think so, it has nothing to do with the God of the Bible. Those who are chanting "om" are actually calling on the main three fallen angels of Hindiusm. It does not represent the universe, consciousness or the interconnectedness of all things. Jesus, The Creator of all things is not mentioned here at all. **(Col.1:16-20)**

Whether or not any sound frequencies played by these singing bowls or other means actually heals anything seems to just be conjecture.

Let's move on from crystal singing or healing bowls and talk about crystals. Witches use crystals in their witchcraft the same way new agers use crystals in their belief system which is also witchcraft.



Top 10 crystals for witches. You could change the title out and it could just as easily read top 10 crystals for new agers because they are witches too they just don't call themselves witches or think of themselves as witches.



They wear crystals for different reasons but usually it is for healing beliefs, manifesting beliefs, or just cosmetic. They also believe they can harness the powers or frequencies that crystals emit and use them in their witchcraft or new age practices. The crystal crown on the right has a moon mounted on it. You will always find the sun, moon and stars as well as earth, wind, fire, air, water and spirit or ether in witchcraft and new age because they are the same.



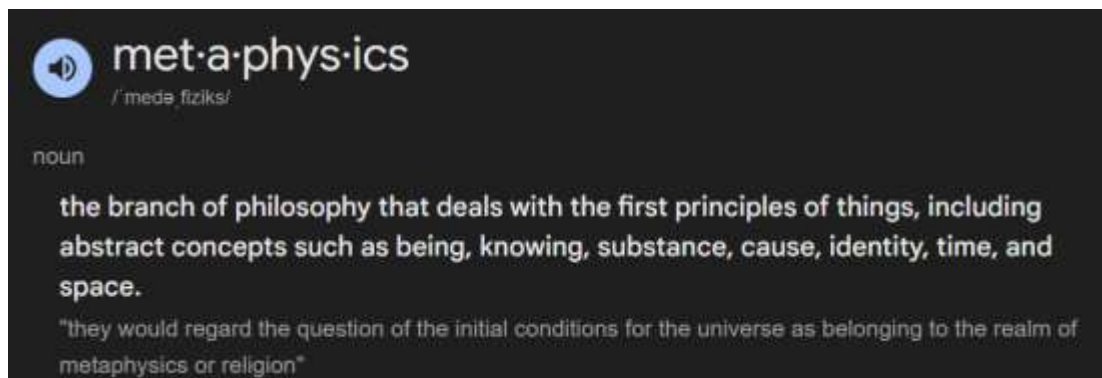
We often think of witches using a crystal ball. Fortune tellers are witches. We think they look like this or with the green face and pointed black witch hat and a wart on their nose.



But really we should think of witches looking just like this. They are people, they look like us. This is from Manifestune – she considers herself to be a crystal witch.

CRYSTAL GRIDS

What is a crystal grid? Physically, it is a pre-printed or material grid to place your crystals upon. Metaphysically, a crystal grid uses sacred geometry to harness the energy of the healing stones and connect with each other and with your intention. It is a meditative, holistic, and positive experience for anyone who wishes to try. We'll show you how to create your own, but it's all about letting your intuition guide you!



They mentioned metaphysics – metaphysics is – the branch of philosophy that deals with the first principles of things, including abstract concepts such as being, knowing, substance, cause, identity, time and space.

The example listed says “they would regard the question of the initial conditions for the universe as belonging to the realm of metaphysics or religion.”

New Age is based on Hinduism philosophy. They have made up answers for creation so that those who practice new age will not come to Christ but stay lost in a sea of lies. This supposed science called metaphysics is not true science, true science comes from God and does not contradict Scripture. Usually real scientists that speak out against false “government paid for science” are murdered. The luciferians like those that established CERN use science paired with witchcraft to achieve their goals.



Behind Chinese panel, a very odd unfamiliar script



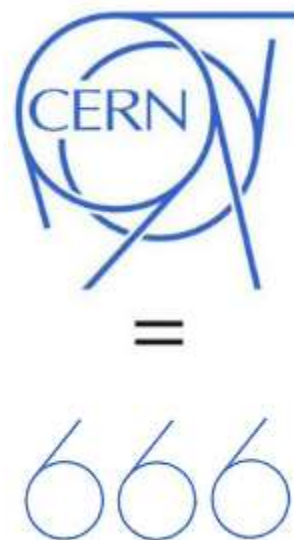
Hebrew, Chinese, odd script



Hebrew, Chinese, odd script

You are looking at the language panels at CERN – What does a particle collider need with transparent panels inscribed with ancient writings, that are scanned with a blue beam, and protected by security sensors? The panels consist of ancient Mandarin, Hebrew, Arabic, and Sanskrit, among others. Of one particular interest is a panel that has writing that at present, is unidentifiable. This is all very reminiscent of the many languages written for the Georgia Guidestones. One observer suggests that they are invocations. I agree with that. This facility is built by CERN, which is a European research organization in nuclear technology. If anything, these language panels spell out weaponization.

The kind of science practiced at CERN is for satan’s agenda and purposes.



CERN's logo is 666 and they have a statue of the hindu god shiva (shee-va) the god of destruction standing right out in front of the place. They are sending a loud message to the whole world about what they are doing there. The whole organization isn't even trying to hide that it reveres satan and is working to try to disprove God for anyone who will believe the information they put out.

Metaphysics is a branch of philosophy and new age is steeped in philosophy.

Colossians 2:8 - Beware lest any man spoil you through philosophy and vain deceit, after the tradition of men, after the rudiments of the world, and not after Christ.

New Living Translation

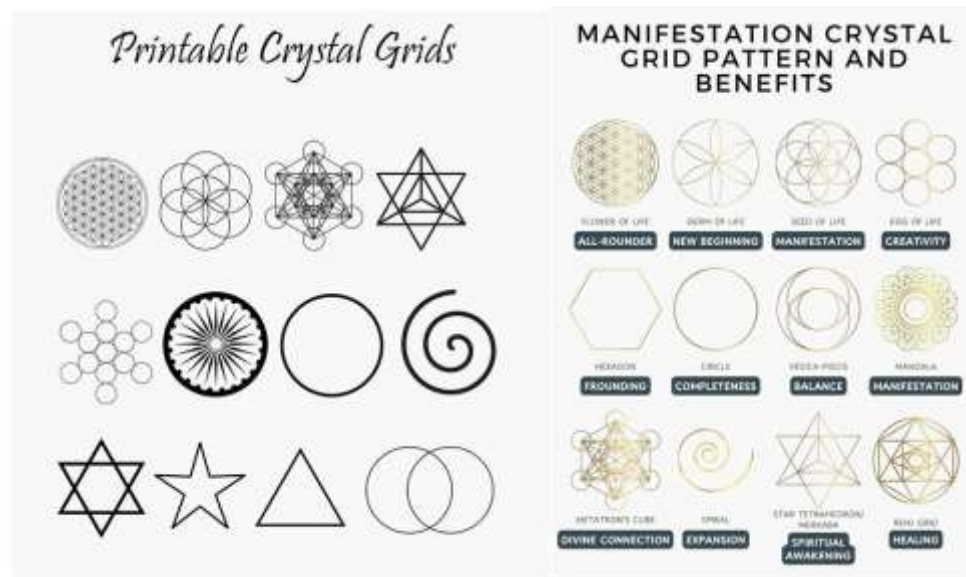
Don't let anyone capture you with empty philosophies and high-sounding nonsense that come from human thinking and from the spiritual powers of this world, rather than from Christ.

New Living Translation

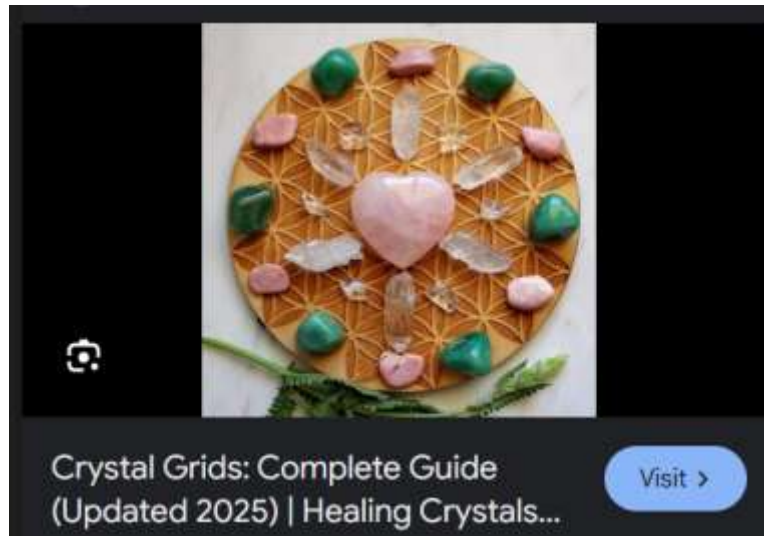
Don't let anyone capture you with empty philosophies and high-sounding nonsense that come from human thinking and from the spiritual powers of this world, rather than from Christ.

New Age guru's, teachers and coaches are influenced by demons and they are teaching doctrines of demons. We as Christians are to recognize these false teachings that undermine the supremacy of Christ and not be swayed by them.

Like with the crystal singing bowls, healing is a key thing that is sought through the use of crystals. New Age seeks healing in many different ways. Notice sacred geometry is mentioned, sacred geometry is part of satan's system of worship. In using crystal grids, the person has to focus on their "intention." That goes back to ungodly meditation and what new agers call manifesting.



L: printable crystal grids R:Manifestation crystal grid pattern and benefits. Let's look at some of the names of these grids – top row l-r: flower of life, germ of life, seed of life, egg of life bottom row left – metatron's cube. Metatron is a demon. Those who use these grids are summoning the fallen angels through the use of them.



Crystal grids: Complete guide – healing crystals. This is what a crystal grid board looks like with the geometrical pattern being on the board itself. Then the new ager places their chosen crystals onto the grid. This is all part of the ritual they are going to perform hoping to manifest their desired intention.



Here is another one. Crystals laid out over a geometrical pattern.

Crystal Grid Intentions

Crystal grids, like many [crystal rituals](#), amplify your intentions. What are they and why are they so important for crystal work? Kelsey Patel, a leading meditation teacher tells [The Thirty](#) her unique definition: "Setting an intention is activating a part of your receptivity. If you were to go out in the day, and not have set any intention or created any type of prayer or manifestation of how you want the day to go, then you're getting on a bike with no direction."

Crystal Grid Intentions – Crystal grids, like many crystal rituals, amplify your intentions. What are they and why are they so important for crystal work? Kelsey Patel, a leading meditation teacher tells her unique definition: "Setting an intention is activating a part of your receptivity. If you were to go out in the day, and not have set any intention or created any type of prayer or manifestation of how you want the day to go, then you're getting on a bike with no direction."

If you're new to working with healing tools such as crystals, the idea of a "ritual" can seem intimidating, but the truth using ritual stones is simply a way for you to tune in to your own spirituality and mysticism. Rituals are a deeply personal practice, a way to connect with your intentions and the Earth's healing energy using the power of crystals and your intuition as your guide. Different types of crystals carry unique energy and healing properties, and learning to work with that energy and finding what is calling you can take your intention setting practice to the next level.

If you're new to working with healing tools such as crystals, the idea of a "ritual" can seem intimidating, but the truth using ritual stones is simply a way for you to tune in to your own spirituality and mysticism. Rituals are a deeply personal practice, a way to connect with your intentions and the Earth's healing energy using the power of crystals and your intuition as your guide. Different types of crystals carry unique energy and healing properties, and learning to work with that energy and finding what is calling you can take your intention setting practice to the next level.

A crystal grid uses sacred geometry to harness the energy of the stones by creating a channel for their energies to connect with your intention.

Sacred geometry is a system that explores the symbolic and sacred meanings attributed to certain geometric shapes and proportions, believing they are fundamental to the structure of the universe and the natural world. It is used in spiritual practices, art, architecture, and other fields to understand and connect with the underlying patterns and principles of existence.

Sacred geometry is a system that explores the symbolic and sacred meanings attributed to certain geometric shapes and proportions, believing they are fundamental to the structure of the universe and the natural world. It is used in spiritual practices, art, architecture, and other fields to understand and connect with the underlying patterns and principles of existence.

You are never going to connect with Jesus through a symbol, a pattern, a grid of any type. He is where nature, the universe and all of existence came from. New Age cuts Jesus out of everything. New Age is idolatry, worshipping self, the universe and the things God has made along with the fallen angels.

Spiritual Significance:

Sacred geometry is often used as a tool for meditation, healing, and spiritual exploration, with practitioners believing that engaging with these shapes can enhance mindfulness and promote a deeper understanding of oneself and the universe.

Spiritual Significance: Sacred geometry is often used as a tool for meditation, healing, and spiritual exploration, with practitioners believing that engaging with these shapes can enhance mindfulness and promote a deeper understanding of oneself and the universe.

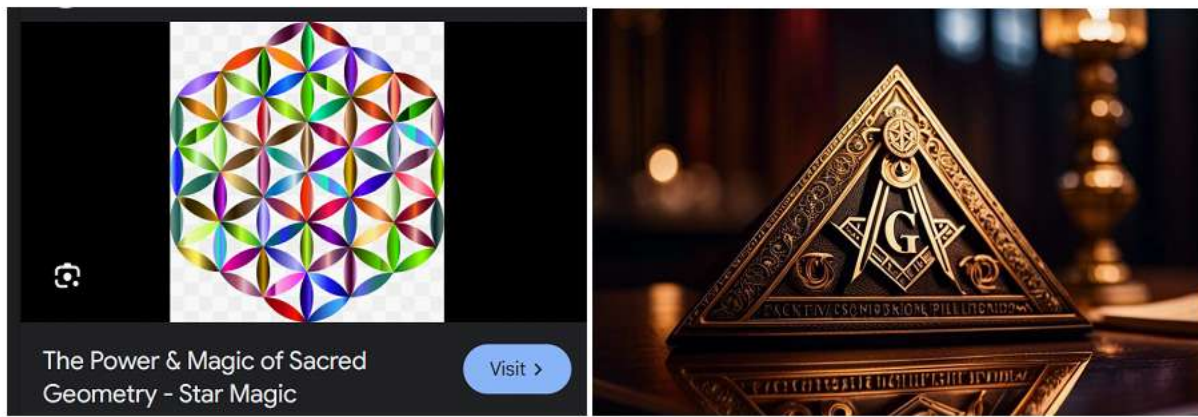
Ancient People Worked With Sacred Geometry

The ancients worked with sacred geometry in everything from **stone circles to mandalas to the structure of temples**. They must have felt this brought them closer to the gods or the divine. This also aligned these things with the energy of nature, the world and the universe.

Ancient people worked with sacred geometry. The ancients worked with sacred geometry in everything from stone circles (like at Stonehenge) to mandalas to the structure of temples. They must have felt this brought them closer to the gods or

the divine. This also aligned these things with the energy of nature, the world and the universe.

The ancients spoken of here are those who practiced idolatry long ago in Hinduism, Buddhism and the ancient eastern religions. The gods they connected with are fallen angels and the divine spoken of here is from the kingdom of darkness. God's Kingdom, The Trinity and the holy angels do not respond to this stuff but the fallen angels do. The guy teaching this stuff said that numerology and symbolism is also part of doing crystal grid work.



From the site Star Magic - The power and magic of sacred geometry. Just remember magic means witchcraft. This pattern is pretty to look at but it holds no meaning in Christianity. You can see why the freemason "g" also stands for sacred geometry among many other things. They boldly display the "G" lodged between the compass and square. The compass is used in drawing circles and the square for squaring – the freemasons have a reference to sacred geometry packed right into the symbol for their whole organization.

Sacred geometry is witchcraft. It is part of satan's system of worship. satan is the father of lies (**John 8:44**) and he will never give glory to Jesus for Who He is and what He has done. Jesus is The One Who created all things including the universe, shapes and patterns of all kinds which we see in nature.

CLOSING

Isaiah 53:5 - But He *was* wounded for our transgressions, *He was* bruised for our iniquities: the chastisement of our peace *was* upon Him; and with His stripes we are healed.

There is a Mandela Effect here, it is by His stripes we are healed, not “with” – you might think that’s petty but it is irritating to have known this Scripture since being a teenager and see it changed now. Jesus is our Healer. New Age seeks healing every where but from Jesus.

Matt.6:33 - But seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you.

New Living Translation

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

Seek The Kingdom of God above all else, and live righteously, and He will give you everything you need.

When we are sick we are to go to Jesus first. When we live righteous lives, He will hear our prayers. God promises to meet our needs when we seek to Him first and live according to His Word. We might go to a doctor or take medicines or try different things but we are to always look to Jesus first and foremost and pray about the dr’s and medicines or things we try and we are never to go and try ungodly things.

I will be back on crystal grids and sacred geometry next week.

PRAYER

How to play a Crystal Singing Bowl for Sound Healing

<https://www.youtube.com/watch?v=CqltoRcUkHs>

How to use a singing bowl to cleanse your home

<https://www.youtube.com/shorts/Rval5VO1hn0>

<https://consciousitems.com/blogs/practice/everything-you-need-to-know-about-crystal-grids>

<https://www.ethanlazzarini.com/why-crystal-grids-use-sacred-geometry/>

[https://conspiracy.fandom.com/wiki/Large Hadron Collider](https://conspiracy.fandom.com/wiki/Large_Hadron_Collider)